



the
margaret
home

"Have enough courage to trust love one more time and always one more time."

— Maya Angelou

What is Courage?

Courage is the intentional decision to do what is hard or uncomfortable, even in the face of fear. It is not the absence of fear—it is the presence of resolve.

The courage I speak of in a woman is the quiet, unshakable strength that stirs her heart to love deeply... to press on when the world says stop... to lean on others when she feels weak... to hold on when it would be easier to let go... to seek healing... and to lift others even while she's still mending herself.

It is women who step bravely into relationships. Who help weave the threads of community. Who choose connection, even when life has taught them to protect their hearts.

The world sends women many messages: "You are not able. You can't. You mustn't."

But in time, some women learn to hear a different voice—the one that rises from within.

The voice that proclaims: **"My body says I am able. My mind says I can. And my soul says I must."**

Who is a courageous woman you know? Maybe she's your mother, your sister, your friend, or your neighbor.

When I think of courage, I think of the women of The Margaret Home.

They are among the most courageous people I've ever known.

Their choice to come to TMH, to step into the unknown, and to trust a program that honors their dignity and nurtures their growth—that is courage in action.

Thank you for supporting The Margaret Home— and for helping women in your community live and love courageously.

Sincerely,
Paula Belemjian
The Margaret Home



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**Where hope and healing
build empowered mothers!**